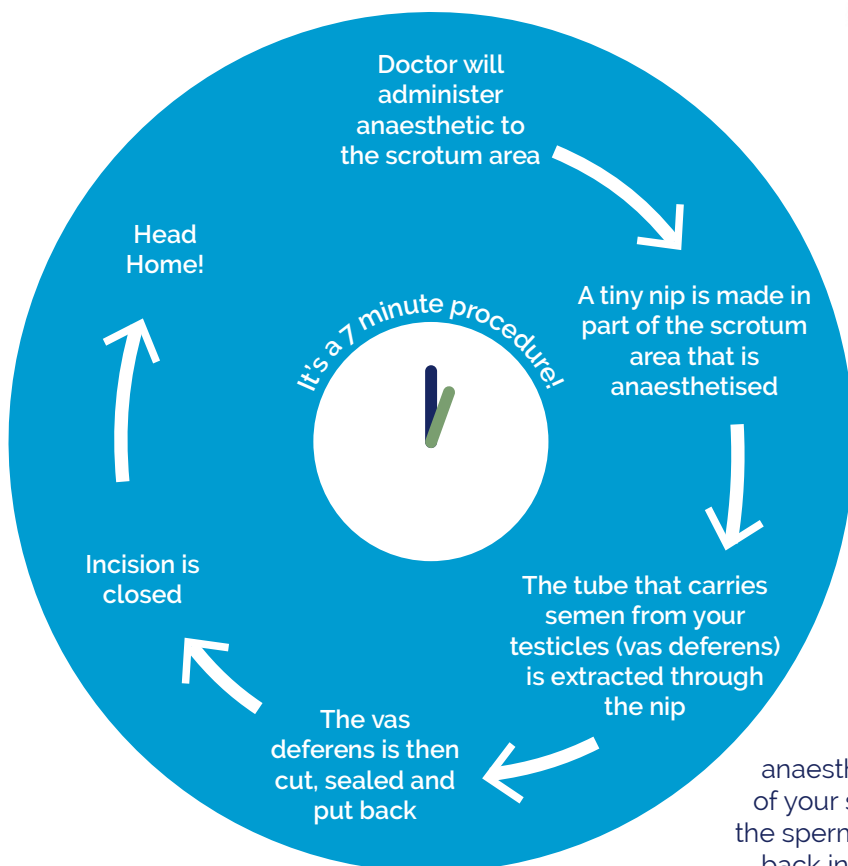
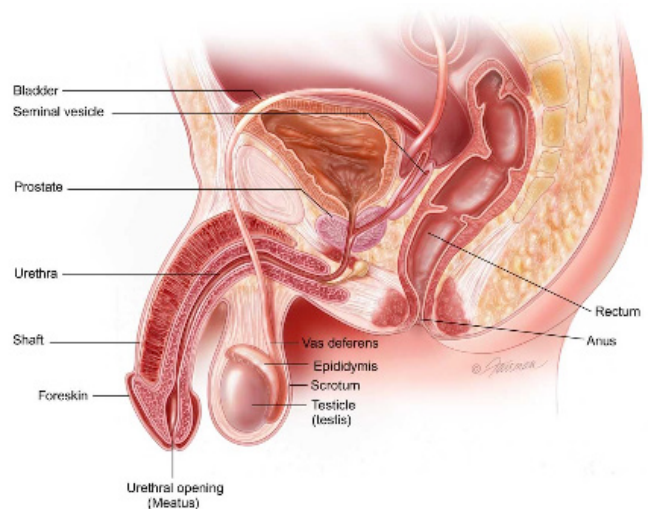


VASECTOMY FACTSHEET

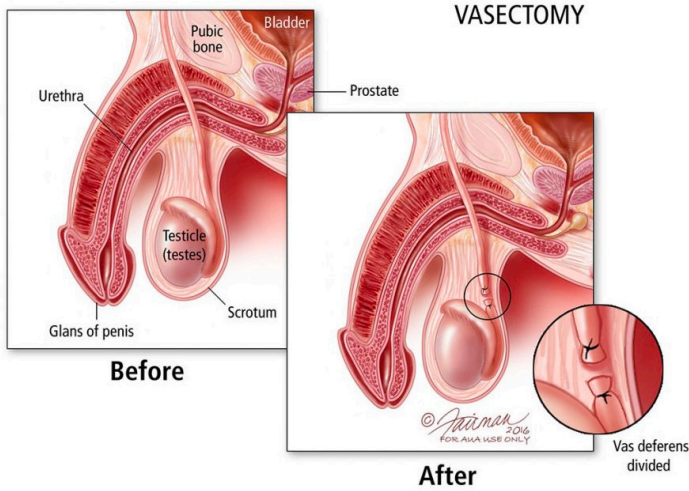
WHAT IS A VASECTOMY?

Vasectomy is one of the safest and most effective methods of permanent birth control. It is much safer and less expensive than the other common contraceptive surgery, tubal ligation. For these reasons, some 10 000 men in Australia choose vasectomy each year.



HOW IS THE PROCEDURE CARRIED OUT?

The surgical process involves a local anaesthetic and making a small incision in the skin of your scrotum. The vas deferens (tubes that carry the sperm) are located, and cut before being placed back into the body. The skin of the scrotum is then pinched and allowed to heal without the aid of stitches, leaving the incision site barely visible a few days following the procedure.



DOES IT HURT?

No. You may feel some discomfort when the local anesthetic is administered, but after it takes effect, you should feel no pain. Some men may feel a slight "tugging" sensation when the vasa are manipulated and some minor discomfort may persist for a few days after surgery as your incision heals.

HOW EFFECTIVE IS A VASECTOMY?

The efficacy of a vasectomy in preventing pregnancy is 99%, however, it usually takes around 3 months following the procedure for all of the sperm to clear from your ejaculate. Until your specialist confirms that you are sterile with a semen test, it is recommended to continue using other forms of contraception.

It takes approximately

3 Months

after the procedure for all sperm to clear from your ejaculate.

Afterward, the vasectomy will be

99% Effective

at preventing pregnancy.

HOW DO I PREPARE?

For 10 days prior to your vasectomy surgery, you must not consume aspirin or other NSAIDs (non-steroidal anti-inflammatory drugs) without prior medical procedure. These medications could result in thinning of the blood and increased risk of bleeding during the procedure. Local anaesthetic will be used, so no fasting is required, and patients can drive themselves to and from the procedure.

As the procedure doesn't require use of a general anaesthetic or sedative, no other special preparation is necessary. Patients are not advised to shave their scrotum pre-operatively as a very small area will be shaved on the operating table before the procedure.

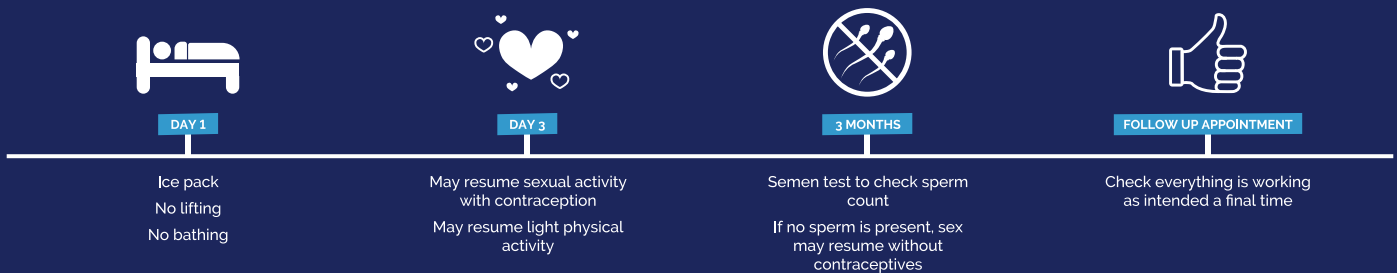


IS A VASECTOMY REVERSIBLE?

Vasectomy reversal surgery, or vasovasostomy, is a procedure that is possible for some men to undergo. However, it is important to understand that the operation is expensive and may not guarantee a return to fertility. This is why a vasectomy must be considered a permanent procedure before the decision to proceed.

WHAT TO EXPECT AFTERWARDS?

After your vasectomy surgery, you may feel sore for a few days. We recommend that you refrain from strenuous physical activity for 7 days. Sexual activity can usually be resumed a week after the procedure.



HOW LONG UNTIL I CAN RESUME SEX?

Normal sexual activity can usually be resumed after 1-2 weeks post-surgery once the incision has had time to heal. Patients must consider, however, that they may not be deemed sterile for weeks or even months after their procedure, so it is important to continue using other forms of contraception until sterility is confirmed by your specialist.

WHAT ARE THE RISKS INVOLVED?

As with any surgical procedure or method of contraception, a vasectomy carries some risks alongside its benefits. While a vasectomy is a very low risk procedure, some complications are possible in rare situations. The most common side effects of vasectomy surgery are Hematoma, Recanalization, Sperm granuloma and Congestion.

HOW MUCH DOES IT COST?

The out of pocket cost of a vasectomy is approximately \$900. There is a Medicare rebate, but the cost to the patient is \$900.

INTERESTED IN THE PROCEDURE?

Contact Kataralis Urology today to book an appointment or to make an enquiry. We're here to answer any questions you may have.

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